



**MILITARY 5K & 10K
SATURDAY 28 MARCH 2009**

CHARITY REGISTRATION FORM

The London Centre for Children with Cerebral Palsy

Please complete in capitals and in black ink:

Personal Details	
Full Name:	
Home address:	
Postcode:	D.O.B
Mobile:	Tel. Day:
Email:	
Please circle the below category you wish to run in:	
Male / Female	I wish to run the: 5k / 10k

It is a condition of entry that you will be able to finish the race in less than 2 hours. No fancy dress.

I declare that I will be 17 years or over on 28th March 2009, that I will complete on foot and that I enter and intend running entirely at my own risk. No animals, baby strollers, mechanical vehicles or wheelchairs and so on are allowed on route.

To the extent permitted by the Unfair Contract Terms Act 1977, neither British Military Fitness nor its sponsors and suppliers, including all local authorities and facilitating agencies be liable for any loss, damage, illness or injury whatsoever directly or indirectly occasioned by or resulting from the negligence, wrongful act or default of British Military Fitness, its sponsors, suppliers and facilitating local authorities and agencies or their respective servants or agents from any other cause, including act of God or the physical condition of the competitor.

The race organisers reserve the right at their absolute discretion to alter the date of the event or to change the published course as deemed necessary at any time and to alter without prior notice the contents of each race pack and the events media partners. **See the British Military Fitness website for updates**
www.britmilfit.com

In signing this form, I confirm the above and that I will commit myself to raising a target amount of £300 for The London Centre for Children with Cerebral Palsy.

Signature		Date	
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Please return your completed and signed form to:

Anna Salamonowicz,
The London Centre for Children with Cerebral Palsy
54 Muswell Hill
London N10 3ST

Your place will be confirmed when we receive your form.